



GET THE LOOK:

Store: Alessandra Gold Concept Store
Call for Pricing: 786.518.3357

Legs:

-Caudalie Paris Divine Legs

Eyes:

-Urban Decay: 24/7 glide on eye pencil
-blinc UltraThin Liquid Eyeliner Pen www.blincinc.com
- CargoCosmetics.com Shade: Windsor
(Pale Beige Satin), St. Tropez (Natural Beige Shimmer),
-Obsessive Compulsive Cosmetics

<http://www.occmakeup.com>
ANNIKA TONED-UP NEUTRAL PEACH
mixed with
META RED ORANGE SHELLAC
FEMME TRUE BABY PINK

Hair:

Living Proof | No Frizz Nourishing Styling Cream



Photographer: Tommy Chung www.tommychungphotography.com
Makeup Artist: Khadine www.khadine-beauty.com
Wardrobe styling: Alessandra Gold Concept Store
Model: Reed C. / Wilhemina

NAIL MADNESS

Wishing you had healthier longer nails is as easy as wishing you had a more toned slender body. Naturally it is not that easy to have the “perfect” body and it takes a lot of dedication, hard work, and patience. The same goes for achieving longer or “perfect” nails.

There could be many reasons why your nails are not growing. You could be a nail biter, nail picker, or even engaging in tasks such as washing dishes even if only twice a day that can weaken the nails. There are a multitude of reasons including vitamin deficiencies, infections, allergic reactions or products that you are using. It is recommended that you consult with your health care professional to determine if there are any serious medical conditions causing your problem.

If you are a nail biter, or pick your nails due to stress or a nervous habit, it is not too far different from those who eat very unhealthy “comfort” food when they are stressed. Now neither of these are solutions. Neither of these choices will enable you to reach your goal.

You will have to prepare yourself to commit to cutting out all of the unhealthy choices in order to have a more successful or healthier outcome.

Once your nails start to grow you may notice some of your nails are weaker than others and will break off faster resulting in uneven nail lengths. It is important to continually apply protein nail treatments to ensure your nails will ultimately become stronger.

Nail Protein Products:

Nailtiques Nail Protein
Formula 2 - Treatment for Soft, Peeling, Bitten, Weak or Thin Nails.
Formula 2 Plus® - Treatment for Excessive, Problem Nails.

Nail Oil Products:

Mango Magic Cuticle Treatment Oil - Mango Magic pampers cuticles with a special blend of natural oils.

Misc. Nail Products:

Sephora Brand Nail Buffers
Seche Vite Dry Fast Top Coat .5 oz
KleanColor Wizard Pads Nail Polish Remover

